

# Packing List: Outdoor Ed Week

*Below is a checklist of the necessary items to bring to Outdoor Ed. We have to be prepared for any weather – hot, cold, wet – and for long days outside. If you have any questions, please talk to Erik, Tom or your child's advisor.*

## **Necessary Items:**

*Pack everything in a hiking backpack or duffel bag. Please label your belongings!*

- Water bottle
- Daypack
- Hat with a visor
- Socks
- Underwear
- T-shirts
- Long Pants
- Long-sleeved shirts
- Shorts
- Wool or fleece sweater
- Sneakers
- Hiking boots or other sturdy shoes (or second pair of sneakers)
- Jacket
- Rain gear
- Swim suit
  
- Toiletries (soap, shampoo, toothbrush, toothpaste, etc)
- Chapstick
- Bug repellent
- Sleeping bag (with stuff sack), or two single sheets and a warm blanket
- Pillow
- Two towels
- Flashlight with extra batteries

## **Recommended:**

- Book to read
  - Games, cards
  - Frisbee
  - Camera (but not a phone)
- (Camp Hazen has plenty of sports equipment, balls, tennis gear, etc)

## **Do Not Bring:**

Gum, candy, drinks, electronics, iPod, knives